



Tweens Yoga

Liability Waiver Agreement

I _____ (print name) understand that yoga includes physical movements as well as an opportunity for relaxation, stress re-education and relief of muscular tension. As is the case with any physical activity, the risk of injury, even serious or disabling, is always present and cannot be entirely eliminated.

Yoga is not a substitute for medical attention, examination, diagnosis or treatment. Yoga is not recommended and is not safe under certain medical conditions. I affirm that I alone am responsible to decide whether I or my child/children are fit to practise yoga. I also understand that supportive and encouraging touch, massage and partner and group interaction is an integral part of this class.

I hereby agree to irrevocably release and waive any claims that I and/or my child/children have now or hereafter may have against (Lisa Kent & Belinda Nuttall, cOMmUNITY YOGA, Secret Harbour Surf Club)

Signature of student, parent or guardian

Name of child/ children attending

Date

Photo Release Form

Event: Kids Yoga Location: Secret Harbour Surf Lifesaving Club

I grant to cOMmUNITY YOGA, the right to take photographs of me and my family in connection with the above-identified event. I authorize cOMmUNITY YOGA its assigns and transferees to copyright, use and publish the same in print and/or electronically.

I agree that cOMmUNITY YOGA may use such photographs of me with or without my name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and web content.

I have read and understand the above:

Signature _____ Printed name _____

Address _____

Date _____ Signature, parent or guardian _____
(if under age 18)

